Story Based Coaching

For Men and Women



Rob and Francie Brown Founders — Gen225

from

Gen225 EXPLORE YOUR STORY



"Exploring my story again a few weeks later made all the difference for me. After some retreats, so much of what I gain fades. Doing this follow-up was worth just as much as the retreat itself. Francie and I uncovered connections in my life now and the most critical piece was a path forward." - Melissa

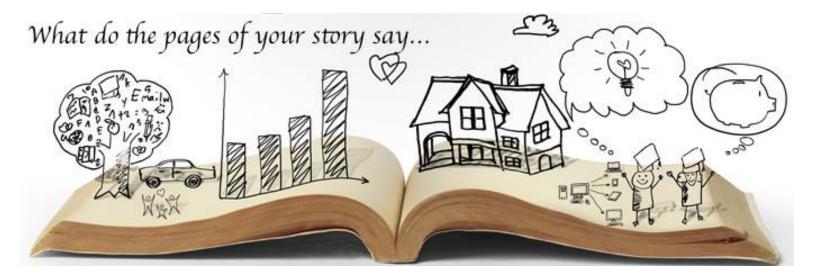
"I'm still amazed that so much about my life can be learned from one afternoon forty years ago. Rob, going through my story with me, line-by-line, was stunning. Around every corner was a diamond or ruby that I would have never seen. It turned my story of shame into a treasure hunt of priceless jewels given to me by God." - Mike



Registration, Videos, Testimonials, More at:

www.Gen225.org





Every person has 6-8 key stories from the age of 5-15 that has shaped 80% of what is holding them back in life. We recommend every person engage Gen225 for 3 story activities in 18 months (which is 3-5 stories) to be on an independent path for story exploration in your life and the lives of others.



In-Person or Video Call

For lasting healing and freedom, we believe that each story deserves the honor of a month of exploration and reflection. Alumni can choose to do that on their own or with a close, personal companion. However, we provide private sessions for one-on-one exploration with a trained facilitator. There are two types of offerings.

Story Retreat Follow-Up: a 30-Day, one on one, one hour session. Using the story you explored at the retreat, we focus on current life application and establishing a personal path forward. The session is in person or by video call. Stories are sent to your facilitator in advance for study before the session. The first 30 minutes is exploring the story one-on-one. Second 30 minutes is reviewing together a clinical analysis of the story. Cost for session is \$100

Story Based Coaching Series: this is a 5 week series of one-on-one story exploration in person or by video call. Cost is \$400. It follows these steps:

Week 1: Orientation and Story Selection

Week 2: Story #1 Exploration

Week 3: Story #1 Reflection/Application

Week 4: Story #2 Exploration

Week 5: Story #2 Reflection/Application

"The story based coaching was really good for me. After our retreat here in Hawaii, I knew two more stories needed exploring for sure. Getting to know each other in person first, made it easy to connect on video calls. The personal, one on one was something I've needed." - Jay

